

Beauty

Activity: no restrictions

Diet: no restrictions. Sip 1-2 bottles of water before, during and after infusion

Venous access: insert IV catheter using a 20g or 22g IV

Monitoring: obtain vital sign pre and post infusion

Stop infusion for:

1. Patient request

2. Any sign or symptom of an adverse reaction (refer to adverse reaction order set)

A. Skin reaction: rash, hives and new onset itching, swelling, swelling in tongue, throat or skin

B. Respiratory: difficulty of breathing, short of breath, fast breathing, wheezing, stoppage of breathing

C. Cardiac: increased or decreased heart rate, irregular pulse rate. Blood pressure change that is 20% or more different from pre infusion vital signs. Chest pain or pressure. No pulse

D. GI: nausea or vomiting

F. Neurological: new onset headache, confusion or disorientation. Lightheadedness or passing out, facial droop or slurred speech

G. General: dizzy, lightheadedness, or flushing

H. IV site: redness, swelling, pain or burning

D/C criteria:

Stable vital signs

Able to ambulate on their own without symptoms

D/C order:

Remove IV

Brief discharge assessment

Schedule net appt if indicated

Infusion:

Mix in 500cc or 1000cc of NS or LR over 30-60 minutes:

1cc. Mineral Blend- Mag Cl 80mg Zinc 1 mg, Copper 0.2 mg, Manganese 0.02 mg,
Selenium 20 mcg per ml

3-5cc. Ascorbic Acid 500mg/ml

1cc. Biotin 0.5mg/ml

Add on:

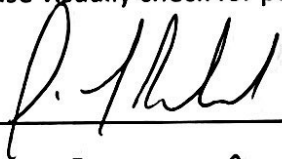
0.2cc into IV. Extra Zinc 10mg/ml

5cc push. Glutathione 200mg/ml- saline flush, Pushed slowly over 1-3 min, saline
flush

0.5-1cc IM. CoQ10 20mg/ml

1cc SLOW push or IM. B Plex (B1, B2, B3, B4, B5, B6 100-2-100-2-2mg/ml).
Depending on the pH of the Bplex there can be precipitation with other
additives, please visually check for particles. Patients can taste.

Provider Signature: _____



Date: 6/1/22

Provider Name Printed: _____



Note: This order is active for 6/1/2022-5/31/2023. It expires 5/31/2023.