Fat Burner

Activity: no restrictions

Diet: no restrictions. Sip 1-2 bottles of water before, during and after infusion

Venous access: insert IV catheter using a 20g or 22g IV

Monitoring: obtain vital sign pre and post infusion

Stop infusion for:

1. Patient request

2. Any sign or symptom of an adverse reaction (refer to adverse reaction order set)

A. Skin reaction: rash, hives and new onset itching, swelling, swelling in tongue, throat or skin

B. Respiratory: difficulty of breathing, short of breath, fast breathing, wheezing, stoppage of breathing

C. Cardiac: increased or decreased heart rate, irregular pulse rate. Blood pressure change that is 20% or more different from pre infusion vital signs. Chest pain or pressure. No pulse

D. GI: nausea or vomiting

F. Neurological: new onset headache, confusion or disorientation. Lightheadedness or passing out, facial droop or slurred speech

G. General: dizzy, lightheadedness, or flushing

H. IV site: redness, swelling, pain or burning

D/C criteria:

Stable vital signs
Able to ambulate on their own without symptoms

D/C order:

Remove IV
Brief discharge assessment
Schedule net appt if indicated

Infusion:

Mix in 500cc or 1000cc of NS or LR over 30-60 minutes:

3cc. Tri-amino (arginine/citruline/Ornithine 100/100/100mg/ml)

5cc push. Glutathione 200mg/ml saline flush, Pushed slowly over 1-3 min, saline flush

Add on:

1cc add to bag or IM. B Plex (B1, B2, B3, B4, B5, B6 100-2-100-2-2mg/ml). depending on the pH of the Bplex there can be precipitation with other additives, please visually check for particles.

1cc. MIC+B12 (25mg-50mg-50mg-333mcg/ml) **IM only**

1cc add to bag Chromium 4mcg/ml add to bag CANNOT BE PUSHED- has a lower pH which is why dilution is required. Check for particles after mixing.

Provider Signature: _____ Date: 6/1/22

Provider Name Printed: _____

Note: This order is active for 6/1/2022-5/31/2023. It expires 5/31/2023.