



HYDREIGHT

SERVICES MENU

Notes

***If you are unclear or have questions regarding your states compounding laws and your scope of practice , please consult your states pharmacy and nursing boards.**

Lactated Ringer's or Sodium Chloride 0.9% 500-1000ml bag

Rate: Run based on patient tolerance, 30-60 minutes

Follow the 3-2-1 rule. 3 ingredients added to the bag, 2 sticks to the bag (1 to add products and 1 to spike the bag), 1 hour to use the mixed bag

Medications:

B Plex - Depending on the pH of the Bplex there can be precipitation with other additives, please visually check for particles. Pushed slowly over 1-3 min

Calcium Gluconate - Add to bag. Do not push.

Chromium - Must be added to bag, very low pH, check for particles after mixing

B12 - IM, IV or PUSH. Pushed slowly over 1-3 min.

Magnesium - Add to bag

Pyridoxine - Add to bag

Zinc - Add to bag. Do not push.

Glutathione - 1000mg. Dilute 1:1 NS LR slow push, saline flush, Pushed slowly over 1-3 min, saline flush.

Medication Add-ons:

B Plex - IM or dilute 1:5ml NS/LR slow push

Magnesium - Added to IV bag only. Listed without specific salt for (ie chloride or sulfate) and as a strength for flexibility.

B12 - IM, IV or slow push. Listed without specifics (ie cyano, methyl or hydroxocobalamin) and as a strength for flexibility.

Zinc - Added to IV bag only. Listed without specifics salt (ie sulfate or chloride) for flexibility.

Pyridoxine - Added to IV bag only.

MIC (Methionine Inositol Chloine) - IM ONLY - *waiting on McGuff to release*. Max 1ml Weekly for up to 6 weeks then 3-4 week break without G6PD and homocysteine labs

Consult required:

Ondansetron - Please fill out appropriate screening form and proceed with telehealth process.

Only one dose may be provide every 7 days

Ketorolac 30mg or 15mg (65+)- please fill out appropriate screeni form and

Notes

proceed with telehealth process.

- Client cannot have taken any form of NSAID (Ibuprofen, Aleve, Advil, Naproxen) 6 hours prior to receiving Ketorolac (Toradol) and should wait 3-5 days before taking any further oral NSAID after receiving.
- May be given IM or IV Push
- IV Push Rate: Push over > 15 seconds
- **Only one dose may be provided every 14 days.**

Famotidine - Please fill out appropriate screening form and proceed with telehealth process.

Carnitine 500mg/ml - Consult required. Follow RX, intake and Protocol- DO NOT MIX, If prescribed administer in separate IV or IM per Rx and protocol. Depending on pharmacy may or may not be patient specific

NAD - Consult required. Follow RX, intake and Protocol- DO NOT MIX, If prescribed administer in separate IV or IM per Rx and protocol. Depending on pharmacy may or may not be patient specific

Sermorelin - Consult required. Follow RX, intake and Protocol- DO NOT MIX, If prescribed administer in separate IV or IM per Rx and protocol. Depending on pharmacy may or may not be patient specific

Alpha Lipoic Acid 25mg/ml - RX required. Follow RX and Protocol, If prescribed administer in separate IV or IM per Rx and vial label. Empower/ Anazao have IM on label.

Athlete Recovery

Ingredients:

Lactated Ringer's or Sodium Chloride 0.9% (500-1000ml)

Magnesium - 400mg in IV bag

Magnesium is a cofactor for intracellular processes. It is used in enzymatic reactions and helps with our body's energy supply. Also helps with relaxation and blood pressure and stress. It supports our muscle recovery.

B12 - 1000mcg IV, IM or slow push

Vitamin B12 should reduce fatigue and therefore improve muscular endurance. Since Vitamin B12 is crucial to the production of nerve cells, RNA/DNA and red blood cells, energy levels come into play. B12 is a cofactor for conversion of homocysteine into methionine which is important for DNA methylation.

Add on:

BPlex (B1, B2, B3, B4, B5, B6 100-2-100-2-2mg/ml) - 1-2ml dilute 1:5ml NS/LR SLOW push, added to IV Bag or IM-patients can taste, bring a snack or gum.

B vitamins play an important role in athletic performance. These micronutrients are necessary during the body's process for converting proteins and sugars into energy, and are used during the production and repair of cells, including red blood cells.

Glutathione 200mg/ml - 5ml dilute 1:1 NS LR slow push. Saline flush, Pushed slowly over 1-3 min, saline flush

Glutathione is a super-powered antioxidant with free-radical scavenging activity that protects your body from disease and the effects of aging.

Consult required for:

Carnitine 500mg/ml - Consult required. Follow RX, intake and Protocol- DO NOT MIX, If prescribed administer in separate IV or IM per Rx and protocol. Depending on pharmacy may or may not be patient specific

NAD - Consult required. Follow RX, intake and Protocol- DO NOT MIX, If prescribed administer in separate IV or IM per Rx and protocol. Depending on pharmacy may or may not be patient specific
NAD aids in the production of ATP. It has a plethora of benefits, from improving athletic performance, reducing fatigue, high cholesterol, mood, blood pressure, slowly reduces aging, neurodegenerative diseases and reversing alcohol effects on the liver. Its mechanism of action as a coenzyme is part of the oxidoreductases in our body, which gives it the broad range of effects

Sermorelin - Consult required. Follow RX, intake and Protocol- DO NOT MIX, If prescribed administer in separate IV or IM per Rx and protocol. Depending on pharmacy may or may not be patient specific

Disclaimer: Not to be used in pregnant, nursing

Beauty/Youth

Ingredients:

Lactated Ringer's or Sodium Chloride 0.9% (500-1000ml)

B Plex (B1, B2, B3, B4, B5, B6 100-2-100-2-2mg/ml) - 11ml dilute 1:5ml NS/LR SLOW push, added to IV Bag or IM-patients can taste, bring a snack or gum

A blend of B Vitamins helps to increase metabolism as cofactors for metabolizing carbs, fats and proteins. They support the immune system, red and white blood cell production, energy levels, cardiovascular health, inflammation, and more.

Ascorbic Acid 500mg/ml - 3-5ml

Vitamin C is a powerful antioxidant, proven to help neutralize the free radicals in our body that lead to oxidative stress. This helps to prevent premature skin aging and delay the visible signs of biological skin aging.

Add on:

Glutathione 200mg/ml - 5ml dilute 1:1 slow push. Saline flush, Pushed slowly over 1-3 min, saline flush

Glutathione is a super-powered antioxidant with free-radical scavenging activity that protects your body from disease and the effects of aging.

Zinc 1mg/ml - 1-5ml added to IV bag.

Blocks the pathway our testosterone breaks down into DHT, which increases hair loss.

Consult required for:

NAD IV or IM - Consult required. Follow RX, intake and Protocol- DO NOT MIX, If prescribed administer in separate IV or IM per Rx and protocol. Depending on pharmacy may or may not be patient specific. Not available from McGuff.

NAD aids in the production of ATP. It has a plethora of benefits, from improving athletic performance, reducing fatigue, high cholesterol, mood, blood pressure, slowly reduces aging, neurodegenerative diseases and reversing alcohol effects on the liver. It's mechanism of action as a coenzyme is part of the oxidoreductases in our body, which gives it the broad range of effects

Sermorelin - Consult required. Follow RX, intake and Protocol- DO NOT MIX, If prescribed administer in separate IV or IM per Rx and protocol. Depending on pharmacy may or may not be patient specific

Disclaimer: Safe in pregnancy/nursing WITHOUT ADD ONs, do not give add on Bplex more than 2 times per month, keep vitamin C at 4ml or less

Immune

Ingredients:

Lactated Ringer's or Sodium Chloride 0.9% (500-1000ml)

Zinc 1mg/ml - 10ml.

Zinc blocks viral replication, and is crucial for normal development and function of cells mediating nonspecific immunity such as neutrophils and natural killer cells

Ascorbic Acid 500mg/ml - 5ml .

Vitamin C is a powerful antioxidant, proven to help neutralize the free radicals in our body that lead to oxidative stress. This helps to prevent premature skin aging and delay the visible signs of biological skin aging.

Add on:

B Plex (B1, B2, B3, B4, B5, B6 100-2-100-2-2mg/ml) - 1ml dilute 1:5ml NS/LR SLOW push, added to IV Bag or IM-patients can taste, bring a snack or gum. Depending on the pH of the Bplex there can be precipitation with other additives, please visually check for particles.

A blend of B Vitamins help to increase metabolism as cofactors for metabolizing carbs, fats and proteins. They support the immune system, red and white blood cell production, energy levels, cardiovascular health, inflammation, and more.

Glutathione 200mg/ml - 5ml dilute 1:1 slow push. Saline flush, Pushed slowly over 1-3 min, saline flush

Glutathione is a super-powered antioxidant with free-radical scavenging activity that protects your body from disease and the effects of aging.

Disclaimer: Not to be used in pregnancy/nursing

Detox/Hangover

Ingredients:

Lactated Ringer's or Sodium Chloride 0.9% (500-1000ml)

Ascorbic Acid 500mg/ml - 4ml

A powerful antioxidant that helps the production of lymphocytes and phagocytes aka our white blood cells. Reduces the risk of diseases and improves iron deficiency. Protects cells from free radicals and shortens wound healing time.

Magnesium - 600mg

Relaxes muscles, and reduces headaches. This can also help with recovery from hangovers due to the overall inflammation from dehydration, electrolyte imbalance and toxic metabolites from drinking.

Add on:

Glutathione 200mg/ml - 5ml dilute 1:1 slow push. Saline flush, Pushed slowly over 1-3 min, saline flush

Glutathione is a super-powered antioxidant with free-radical scavenging activity that protects your body from disease and the effects of aging.

B Plex (B1, B2, B3, B4, B5, B6 100-2-100-2-2mg/ml) - 1ml dilute 1:5ml NS/LR SLOW push, added to IV Bag or IM-patients can taste, bring a snack or gum. Depending on the pH of the Bplex there can be precipitation with other additives, please visually check for particles.

A blend of B Vitamins help to increase metabolism as cofactors for metabolizing carbs, fats and proteins. They support the immune system, red and white blood cell production, energy levels, cardiovascular health, inflammation, and more.

Acetaminophen - 1000mg oral. If no liver complications. Analgesic.

Consult required for:

Ondansetron 1-2mg/ml - Consult required. Dose per provider. Add to bag or slowly push over 2 to 5 min

Famotidine - Consult required. Dose per provider. add to bag or slowly push over 2 to 5 min

Ketorolac - Consult required. 15mg/ml or 30mg/ml Dose per provider.

NAD IV or IM - Consult required. Follow RX, intake and Protocol- DO NOT MIX. Run this at no more than 35 drops per minute to avoid headaches and shortness of breath. Taper up over course of weekly or biweekly treatments

NAD aids in the production of ATP. It has a plethora of benefits, from improving athletic performance, reducing fatigue, high cholesterol, mood, blood pressure, slowly reduces aging, neurodegenerative diseases and reversing alcohol effects on the liver. It's mechanism of action as a coenzyme is part of the oxidoreductases in our body, which gives it the broad range of effects

Detox/Hangover

Disclaimer: Not to be used in pregnant, nursing

ALABAMA CANNOT ORDER McGuff manufactured Ascorbic Acid, needs to source a different manufacturer or leave Ascorbic Acid out of the drip.

Energy

Ingredients:

Lactated Ringer's or Sodium Chloride 0.9% (500-1000ml)

Ascorbic Acid 500mg/ml - 4ml

Vitamin C is a powerful antioxidant, proven to help neutralize the free radicals in our body that lead to oxidative stress. This helps to prevent premature skin aging and delay the visible signs of biological skin aging.

B Plex (B1, B2, B3, B4, B5, B6 100-2-100-2-2mg/ml) - 0.5-2ml dilute 1:5ml NS/LR SLOW push, or IM-patients can taste, bring a snack or gum. Depending on the pH of the Bplex there can be precipitation with other additives, please visually check for particles.

A blend of B Vitamins helps to increase metabolism as cofactors for metabolizing carbs, fats and proteins. They support the immune system, red and white blood cell production, energy levels, cardiovascular health, inflammation, and more.

Magnesium - 400-600mg added to IV bag

Magnesium chloride has a neuroprotective effect specifically in patients with brain injury.

Magnesium is a cofactor for intracellular processes. It is used in enzymatic reactions and helps with our body's energy supply. Also helps with relaxation and blood pressure and stress.

Consult required for:

MIC waiting for McGuff to add**

Consult required for:

NAD IV or IM - Consult required. Follow RX, intake and Protocol- DO NOT MIX, If prescribed administer in separate IV or IM per Rx and protocol. Depending on pharmacy may or may not be patient specific.

NAD aids in the production of ATP. It has a plethora of benefits, from improving athletic performance, reducing fatigue, high cholesterol, mood, blood pressure, slowly reduces aging, neurodegenerative diseases and reversing alcohol effects on the liver. It's mechanism of action as a coenzyme is part of the oxidoreductases in our body, which gives it the broad range of effects

Sermorelin - Consult required. Follow RX, intake and Protocol- DO NOT MIX, If prescribed administer in separate IV or IM per Rx and protocol. Depending on pharmacy may or may not be patient specific.

Disclaimer:

Not to be used in pregnancy/nursing

ALABAMA CANNOT ORDER McGuff manufactured Ascorbic Acid, needs to source a different manufacturer or leave Ascorbic Acid out of the drip.

Fat Burner-Lipo

Ingredients:

Lactated Ringer's or Sodium Chloride 0.9% (500-1000ml)

B Plex (B1, B2, B3, B4, B5, B6 100-2-100-2-2mg/ml) - 1ml dilute 1:5ml NS/LR SLOW push, added to IV Bag or IM-patients can taste, bring a snack or gum. Depending on the pH of the Bplex there can be precipitation with other additives, please visually check for particles.

A blend of B Vitamins help to increase metabolism as cofactors for metabolizing carbs, fats and proteins. They support the immune system, red and white blood cell production, energy levels, cardiovascular health, inflammation, and more.

Chromium 4mcg/ml - 2.5ml. Has a lower pH which is why dilution is required. Check for particles after mixing.

An essential element in the regulation of glucose, reducing insulin resistance, improves carbohydrate and lipid metabolism.

Glutathione 200mg/ml - 5ml dilute 1:1 slow push. Saline flush, Pushed slowly over 1-3 min, saline flush

Glutathione is a super-powered antioxidant with free-radical scavenging activity that protects your body from disease and the effects of aging.

Add on:

B12 - 1000mcg IV, IM or slow push. IV SLOW Push or IM

Vitamin B12 should reduce fatigue and therefore improve muscular endurance. Since Vitamin B12 is crucial to the production of nerve cells, RNA/DNA and red blood cells, energy levels come into play. B12 is a cofactor for conversion of homocysteine into methionine which is important for DNA methylation. Furthermore it is important our growth, cell reproduction and nervous system. B12 also aids in reaction associated with metabolism of fats, carbs and protein synthesis. The methylated form is the active form which if any patients have a methylation mutation on the MTHFR gene they will need the methylated form for their body to be able to use and process the B12.

MIC* waiting for McGuff to add*

Consult required for:

Carnitine 500mg/ml - Consult required. Follow RX, intake and Protocol- DO NOT MIX, If prescribed administer in separate IV or IM per Rx and protocol. Depending on pharmacy may or may not be patient specific

Alpha Lipoic Acid 25mg/ml - RX required. Follow RX and Protocol, If prescribed administer in separate IV or IM per Rx and vial label. Empower/ Anazao have IM on label.

Sermorelin - Consult required. Follow RX, intake and Protocol- DO NOT MIX, If prescribed administer in separate IV or IM per Rx and protocol. Depending on pharmacy may or may not be patient specific

Disclaimer: Not to be used in pregnancy/nursing

Myer's

Ingredients:

Lactated Ringer's or Sodium Chloride 0.9% (500-1000ml)

Ascorbic Acid 200mg/ml - 4ml

A powerful antioxidant that helps the production of lymphocytes and phagocytes aka our white blood cells. Reduces the risk of diseases, improves iron deficiency. Protects cells from free radicals and shortens wound healing time.

Magnesium - 400-600mg added to IV bag

Magnesium is a cofactor for intracellular processes. It is used in enzymatic reactions and helps with our body's energy supply. Also helps with relaxation and blood pressure and stress. It supports our muscle recovery.

Add on:

B Plex (B1, B2, B3, B4, B5, B6 100-2-100-2-2mg/ml) - 1ml dilute 1:5ml NS/LR SLOW push, or IM- patients can taste, bring a snack or gum.

A blend of B Vitamins help to increase metabolism as cofactors for metabolizing carbs, fats and proteins. They support the immune system, red and white blood cell production, energy levels, cardiovascular health, inflammation, and more.

B12- 1000mcg. IV, SLOW Push, or IM.

Vitamin B12 should reduce fatigue and therefore improve muscular endurance. Since Vitamin B12 is crucial to the production of nerve cells, RNA/DNA and red blood cells, energy levels come into play. B12 is a cofactor for conversion of homocysteine into methionine which is important for DNA methylation. Furthermore it is important our growth, cell reproduction and nervous system. B12 also aids in reaction associated with metabolism of fats, carbs and protein synthesis. The methylated form is the active form which if any patients have a methylation mutation on the MTHFR gene they will need the methylated form for their body to be able to use and process the B12.

Calcium Gluconate 100mg/ml(10%) - 2ml added to IV bag- only choose 2 total ingredients to add to the bag

Calcium gluconate aids in the uptake and binding of amino acids and absorption of B vitamins.

Pyridoxine 100mg/ml - 0.2-1ml added to IV bag only choose 2 total ingredients to add to the bag

Vitamin B-6 (pyridoxine) is important for normal brain development and for keeping the nervous system and immune system healthy. B6 may improve mood, anemia, reduce inflammation and more.

Glutathione 200mg/ml - 5ml dilute 1:1 slow push. Saline flush, Pushed slowly over 1-3 min, saline flush

Glutathione is a super-powered antioxidant with free-radical scavenging activity that protects your body from disease and the effects of aging. .

Disclaimer: Not to be used in pregnancy/nursing

Migraine

Ingredients:

Lactated Ringer's or Sodium Chloride 0.9% (500-1000ml)

Pyridoxine 100mg/ml - 1ml

B6 is key to the immune system as it also plays a role in producing white blood cells and T cells. These are key regulators in our immune response. B6 also helps the body make IL-2 which directs WBC activity.

B Plex (B1, B2, B3, B4, B5, B6 100-2-100-2-2mg/ml) - 1ml dilute 1:5ml NS/LR SLOW push, or IM-patients can taste, bring a snack or gum. Depending on the pH of the Bplex there can be precipitation with other additives, please visually check for particles.

A blend of B Vitamins help to increase metabolism as cofactors for metabolizing carbs, fats and proteins. They support the immune system, red and white blood cell production, energy levels, cardiovascular health, inflammation, and more.

Add on:

Magnesium - 1000mg added to IV bag. Highly recommended to add it to IV.

Relaxes muscles, and reduces headaches. This can also help with recovery from hangovers due to the overall inflammation from dehydration, electrolyte imbalance and toxic metabolites from drinking.

Acetaminophen - 1000mg oral. If no liver complications.

Analgesic

Consult required for:

Ondansetron 1- 2mg/ml Consult required. Dose per provider.add to bag or slowly push over 2 to 5 min. Depending on nausea, 5-HT3 antagonist

Ketorolac - Consult required. 15mg/ml or 30mg/ml Dose per provider.

Disclaimer: No magnesium in pregnancy/nursing, do not give Bplex more than 2 times per month

Prenatal

Ingredients:

Lactated Ringer's or Sodium Chloride 0.9% (500-1000ml)

B12 - 1000mcg IV, IM or slow push. *methyalted B12 will help conversion and methylation of folic acid.*

Vitamin B12 should reduce fatigue and therefore improve muscular endurance. Since Vitamin B12 is crucial to the production of nerve cells, RNA/DNA and red blood cells, energy levels come into play. B12 is a cofactor for conversion of homocysteine into methionine which is important for DNA methylation. Furthermore it is important our growth, cell reproduction and nervous system. B12 also aids in reaction associated with metabolism of fats, carbs and protein synthesis. The methyalted form is the active form which if any patients have a methylation mutation on the MTHFR gene they will need the methyalted form for their body to be able to use and process the B12.

Pyridoxine 100mg/ml - 0.5-1ml.

B6 improves nausea and morning sickness in pregnancy. Dosing is to be kept under 100mg per day.

Add on:

B Plex (B1, B2, B3, B4 B5, B6 100-2-100-2-2mg/ml) - 1ml dilute 1:5ml NS/LR SLOW push, added to IV Bag or IM-patients can taste, bring a snack or gum. *Depending on the pH of the Bplex there can be precipitation with other additives, please visually check for particles.*

A blend of B Vitamins help to increase metabolism as cofactors for metabolizing carbs, fats and proteins. They support the immune system, red and white blood cell production, energy levels, cardiovascular health, inflammation, and more.

Consult required for:

Ondansetron 2mg/ml - Note from OBGYN and Consult required. Dose per provider. *add to bag or slowly push over 2 to 5 min*

Safe in pregnancy/nursing, do not give add on Bplex more than 2 times per month

Hydration

Ingredients:

Lactated Ringer's or Sodium Chloride 0.9% (500-1000ml)

Disclaimer: Safe in pregnancy, nursing