

## **Detox-Hangover- McGuff**

**Activity:** no restrictions

**Diet:** no restrictions. Sip 1-2 bottles of water before, during and after infusion

**Venous access:** insert IV catheter using a 20g or 22g IV

**Monitoring:** obtain vital sign pre and post infusion

**Stop infusion for:**

**1. Patient request**

**2. Any sign or symptom of an adverse reaction (refer to adverse reaction order set)**

**A.** Skin reaction: rash, hives and new onset itching, swelling, swelling in tongue, throat or skin

**B.** Respiratory: difficulty of breathing, short of breath, fast breathing, wheezing, stoppage of breathing

**C.** Cardiac: increased or decreased heart rate, irregular pulse rate. Blood pressure change that is 20% or more different from pre infusion vital signs. Chest pain or pressure. No pulse

**D.** GI: nausea or vomiting

**F.** Neurological: new onset headache, confusion or disorientation. Lightheadedness or passing out, facial droop or slurred speech

**G.** General: dizzy, lightheadedness, or flushing

**H.** IV site: redness, swelling, pain or burning

**D/C criteria:**

Stable vital signs

Able to ambulate on their own without symptoms

**D/C order:**

Remove IV

Brief discharge assessment

Schedule net appt if indicated

**Infusion Detox-Hangover- McGuff:**

Mix in 500ml or 1000ml of NS or LR over 30-60 minutes:

**4ml** Ascorbic Acid 500mg/ml

**600mg** Magnesium

**Add on:**

**1ml IV, dilute 1:5 NS/LR SLOW push or IM.** B Plex (B1, B2, B3, B4, B5, B6 100-2-100-2-2mg/ml). depending on the pH of the Bplex there can be precipitation with other additives, please visually check for particles. Patients can taste.

**5ml push.** Glutathione 200mg/ml-dilute 1:1 NS/LR, saline flush, Pushed slowly over 1-3 min, saline flush

**Other:** **Acetaminophen** 1000mg oral if no liver complications

*Disclaimer: Not to be used in pregnant, nursing*

**Consult Required For:**

**Ondansetron** 1 or 2mg/ml. **Consult required.** please fill out appropriate intake form and proceed with telehealth process. If appropriate -Follow dilution instructions prior to administering- slowly push over 2 to 5 min

**Famotidine** 10mg/ml **Consult required.** please fill out appropriate intake form and proceed with telehealth process. Follow dilution instructions prior to administering- slowly push over 2 to 5 min.

**Ketorolac** 15mg/ml or 30mg/ml **Consult required.** please fill out appropriate intake form and proceed with telehealth process. If appropriate -Follow dilution instructions prior to administering- slowly push over 2 to 5 min

**NAD IV or IM Consult required. Follow RX,** please fill out appropriate intake form and proceed with telehealth process. Follow Protocol- DO NOT MIX, must be separate

DocuSigned by:

Provider Signature: \_\_\_\_\_

Dr Joseph Palumbo  
AF403GF16745460...

10/18/2023

Date: \_\_\_\_\_

Provider Name Printed: Dr Joseph Palumbo

**Note: This order is active for 11/1/2023-11/30/2024. It expires 11/30/2024.**

**All service providers must adhere to the 3-2-1 rule to be in compliance. 3=NS/LR+2 ingredients, 2= sticks, 1= 1 hour to start administration.**