

## **Energy-McGuff**

**Activity:** no restrictions

**Diet:** no restrictions. Sip 1-2 bottles of water before, during and after infusion

**Venous access:** insert IV catheter using a 20g or 22g IV

**Monitoring:** obtain vital sign pre and post infusion

**Stop infusion for:**

**1. Patient request**

**2. Any sign or symptom of an adverse reaction (refer to adverse reaction order set)**

**A.** Skin reaction: rash, hives and new onset itching, swelling, swelling in tongue, throat or skin

**B.** Respiratory: difficulty of breathing, short of breath, fast breathing, wheezing, stoppage of breathing

**C.** Cardiac: increased or decreased heart rate, irregular pulse rate. Blood pressure change that is 20% or more different from pre infusion vital signs. Chest pain or pressure. No pulse

**D.** GI: nausea or vomiting

**F.** Neurological: new onset headache, confusion or disorientation. Lightheadedness or passing out, facial droop or slurred speech

**G.** General: dizzy, lightheadedness, or flushing

**H.** IV site: redness, swelling, pain or burning

**D/C criteria:**

Stable vital signs

Able to ambulate on their own without symptoms

**D/C order:**

Remove IV

Brief discharge assessment

Schedule net appt if indicated

**Infusion Energy-McGuff:**

Mix in 500ml or 1000ml of NS or LR over 30-60 minutes:

**0.5-2ml dilute 1:5 NS/LR SLOW push or IM.** B Plex (B1, B2, B3, B4, B5, B6 100-2-100-2-2mg/ml). depending on the pH of the Bplex there can be precipitation with other additives, please visually check for particles. Patients can taste

**400-600mg Magnesium**

**4ml Ascorbic Acid 500mg/ml**

**Add on:**

MIC\* waiting for McGuff to add\*

*Disclaimer: Not to be used in pregnant, nursing*

**Consult Required For:**

**NAD IV or IM Consult required. Follow RX,** please fill out appropriate intake form and proceed with telehealth process. Follow Protocol- DO NOT MIX, must be separate

**Sermorelin Consult required.** Follow Protocol- DO NOT MIX

Provider Signature: \_\_\_\_\_

DocuSigned by:  
  
AE483CE16745460

Date: 10/18/2023

Provider Name Printed: Dr Joseph Palumbo

**Note: This order is active for 11/1/2023-11/30/2024. It expires 11/30/2024.**

**All service providers must adhere to the 3-2-1 rule to be in compliance. 3=NS/LR+2 ingredients, 2= sticks, 1= 1 hour to start administration.**